





Training Calendar/Schedule-2025

COURSES OFFERED BY AA MOBILITY & ROAD SAFETY TRAINING INSTITUTE

AA Institute Defensive courses: Prerequisite-Minimum Entry Requirement–2 years Practical Driving Experience

#	Code	Course Description		Fees (Kes)	No of Days	Objective
A.DEFENSIVE DRIVING, ROAD SAFETY & DRIVER UPSKILLING COURSES						
1	IDDC2	Intermediate Defensive Driving Course; With driving practical	Company drivers, sales and marketing staff, PSV drivers, Individual drivers, all motorists.	22,000	2	To equip motorist with safe driving skills, attitude and behavior change. Provide drivers with updated Highway Code, Traffic rules and regulations.
2	IDDC3	Intermediate Defensive Driving Course; With basic mechanics and driving practical		29,150	3	
3	DRC2	Defensive Riders Course; motorcycle competence		15,000	2	
4	ADDC5	Intensive Defensive Driving Course; with First Aid, Fire Control, Car attention and Customer Care (NB: Pre-requisite; must have undergone IDDC2/3)		44,000	5	Increase the skills and knowledge of driving, Firsts Aid, Customer Care and automobile fire control skills.
5	PDC6	Professional Driver Course; with intense mechanics and practical driving and First Aid.(NB: Must have undergone IDDC2/3)		50,000	6	Improve driver skills with trouble shooting analysis on motor vehicles basis operation, road safety, first aid skills, basic mechanics. Assess competency of the driver.
6	EDC5	Executive Drivers Course; with basic mechanics, driving practical, personal etiquette, stress management, behavior change, etc.	Designated drivers for CEO'S, Diplomats, Chauffeurs and any executive	65,000	5	Impart drivers with interpersonal skills, communication, and time management, proactivity and high personal etiquette.
7	EVOC5	Emergency Vehicle Operation Course; Handling and working with various emergency vehicles	Emergency response operators (Institutions) drivers. (Ambulance, fire brigade, national police service, alarm response group.	46,000	5	To offer enhanced skills to drivers handling emergency vehicles to offer services in an efficient and effective manner.
8	VCM2	Vehicle Care and Maintenance: explore of emerging vehicle technology	Drivers and vehicle managing persons	22,000	2	To update participants of the new vehicle technologies, basic care of vehicles and their operations
9	CCPE3	Customer Care & Professional Etiquette: Better interaction among contact and interactions	Drivers, supervisors and persons engaging in day today	31,500	3	Participants to improve the approach to business with focus aimed towards continues improvement



			communication			
I0	SSBDC2	Smart School Bus Drivers Safety Program: With Essential Mechanics Skills, First Aid And Customer Attention	Institutions of learning and students handling drivers.	10,000	2	To offer Drivers with highly regarded contact skills to regulars.
II	SWRSC I	School Bus Warden Road Safety Course;	Schools/institutions bus wardens	5,000	1	Impart skills and knowledge of road safety and handling of students.
I2	OGRTS	Oil & Gas Road Transport Safety	Petroleum, LPG and lubricants track drivers	29,150	3	Impart skills that mitigate hazardous incidents while petroleum products are in transportation.
I3	FSO	Forklift Safety Operation	Forklift operators at work places	22,000	2	Guide forklift operator on safe handling of loads, forklift dynamics and pedestrians safety.
I4	CTSO	Construction Trucks Safety Operation (Bulkers & Mixers)	Drivers handling concrete mixers, bulkers and concrete pump tracks	22,000	2	Guide drivers on safe use of the trucks on road and at construction sites to avoid Incidents/accidents.
I5	RSM	Road Security Management	All drivers using public roads, chauffeurs and diplomatic drivers	32,000	3	Gain knowledge on road risk awareness to minimize security lapses on the road.
I6	VMT	Vehicle Maneuvering technique(4WD) on and Off-Road	Off road drivers	15,000	1	Understand safe operation and utilization of 4WD features of vehicle and basic 4WD mechanical components.

#	Code	Course Description		Fees (Kes)	No of Days	Objective
17	RDD	Refresher Defensive Driving	Drivers already trained in defensive driving annually	11,000	1	Refresh driving skills to enhance road safety at all times.

B.FLEET/MOTOR TRANSPORT MANAGEMENT COURSES

18	EFM3	Effective Fleet Management Course: with Valuable cost of fleet and its management	Transport and fleet managers/supervisors/administrators and senior drivers	55,000	5	To provide participants with effective fleet management operational skills
19	MTM5	Motor Transport Management Course: Managing transport cost effectively	managers/supervisors/administrators and senior drivers	55,000	5	To equip participants with cost control and efficient operations in fleet management.



20	LTO	Logistics and Transport Operations	Warehouse managers, procurement officers, human Resource Managers, transport and fleet managers and senior drivers	55,000	5	To equip participants with logistics model and practices, knowledge in real time and data reporting.
21	ACIR	Accident Crash Incidents, Investigation & Reporting	Transports/fleet team leaders, managers, senior drivers and administrators	32,000	3	Demonstrate the various steps in accident investigations, causes of accidents and reporting
22	VHRCA	Vehicle Health Care & Root Cause Analysis	Garage supervisors, mechanics, fleet officers and Managers, Senior drivers	50,000	5	Gain maximum efficiency in vehicle use by having proper maintenance and root cause Methodologies hence reducing costs.

C.OCCUPATIONAL FIRST AID & FIRE SAFETY

23	FAC5	First Aid Course (Full Occupational first Aid as per DOSHS requirement-30hrs.	First aiders at work place and company staff	12,000	5	Gain skills to care for victims with ill health condition before professional help arrives. Compliance to DOSHS requirements
24	BFA	Basic first aid	Drivers, motor cycle riders and individuals	7,000	3	Gain basic First Aid skills that will help in daily occupation.
25	FSC5	Fire Safety Course (Fire Marshal training as per DOSHS) requirement- 30 hrs.		12,000	5	Impart proactive skill on minimizing fires at work place and in case of fire what to be done. Compliance to DOSH requirements.
26	FIDWC CG	First Aid for Domestic workers and child care givers		3,000	1	Gain basic life-savings skills at home

D.OTHER TAILOR-MADE COURSES (Upon Customer Request)

28	MPAE3	Mobile Plant and Agricultural Equipment	Plant operators	35,000	3	Safe operation skills to minimize incidents
29	CFOP3	Cranes Operations Program	Crane operators	35,000	3	Safe operation skills to minimize incidents
30	BSSPI	Banks man Signals and Signs Program	Road construction and crane operations signal men/women	15,000	1	Understand signs used in guiding various equipment
32	RSA	Road Safety Awareness	Every road user, pedestrians, government agencies-MDA's	10,000	1	Understand safe road use, causes of accidents And minimize road incidents



E.VOCATIONAL & PROFESSIONAL COURSES

#	COURSE	DURATION	TIMING	FEES-Kes.
1	Motor Vehicle Mechanics GradeIII, II&I	2 terms per level	Full time	20,000 per term
2	Motor Vehicle Electrical Grade III, II&I	2 terms per level	Full time	20,000 per term
3	ICT-Computer packages	1 month	Full time	5,000
4	Vehicle Diagnostics & Technology	3 Weeks	Part-time	10,000
5	Driver Instructors Course	3 months	Part-time	40,000
6	Motor & Plant Machinery Inspection & Valuation Course	3 months	Part-time	40,000
7	Forklift Operators Course-NTSA test endorsement for Class G	6 weeks	Full time	40,000



I. MAIN OPEN COURSES CALENDAR-Year 2025

Month	Date	Course	Venue
JANUARY	8 th -10 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	15 th -17 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	22 nd -24 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	27 th -31 st	FirstAid-Occupational-5DaysCourse	Embakasi
	28 th -29 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
FEBRUARY	3 rd -5 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	6 th -7 th	Vehicle care and maintenance (VCM/2)	Embakasi
	10 th -12 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	10 th -14 th	FireSafety-Occupational-5DaysCourse	Embakasi
	17 th -21 st	Professional Driver certification (PDC6)	Embakasi
	19 th -21 st	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	24 th -28 th	Effective Fleet Management(EFM5)	Mombasa
MARCH	3 rd -7 th	Logistics and Transport Operations	Embakasi
	5 th -7 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	10 th -14 th	Executive Driving Course(EDC5)	Embakasi
	12 th -14 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	17 th -21 st	Intensive Defensive Drivers Course-IDDC5	Embakasi
	17 th -19 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	24 th -28 th	Vehicle Health Care & Root Cause Analysis (VHRCA)	Embakasi
	27 th -28 th	Defensive Riders Course (DRC2)	Embakasi
APRIL	31 st Mar-2 nd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	31 st Mar- 4 th	Emergency Vehicle Operation Course(EVOC)	Embakasi
	7 th -9 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	14 th -16 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	14 th -16 th	Accident Crash Investigation & Reporting-ACIR/3)	Embakasi
	23 rd -25 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	23 rd -25 th	Oil & Gas Road Transport Safety	Embakasi
	28 th -30 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
MAY	5 th -7 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	5 th -9 th	Professional Driver Certification (PDC6)	Mombasa
	12 th -16 th	Motor Transport Management(MTM5)	Embakasi
	19 th -23 rd	FireSafety-Occupational-5DaysCourse	Embakasi
	19 th -21 st	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	26 th -30 th	FirstAid-Occupational-5DaysCourse	Embakasi
	28 th -30 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
JUNE	3 rd -5 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	3 rd -5 th	Oil & Gas Road Transport Safety	Embakasi
	9 th -11 th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	9 th -13 th	Intensive Defensive Drivers Course-IDDC5	Mombasa
	11 th -13 th	Customer Care and Professional Etiquette (CCPE3)	Embakasi
	16 th -20 th	Executive Driving Course (EDC5)	Mombasa
	18 th -20 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	23 rd -27 th	Effective Fleet Management (EFM5)	Embakasi
JULY	30 th June-2 nd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	30 th June-4 th	Logistics and Transport Operations	Embakasi
	3 rd -4 th	Defensive Riding (DRC2)	Embakasi
	7 th -9 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	14 th -16 th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	16 th - 18 th	Accident Crash Investigation & Reporting	Embakasi



	21st-23rd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	28th-30th	Road Security Management	Embakasi
AUGUST	4th-6th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	4th-8th	Professional Driver Certification (PDC6)	Embakasi
	11th-15th	First Aid-Occupational-5Days Course	Embakasi
	14th-15th	Vehicle care and Maintenance(VCM2)	Embakasi
	18th-22nd	Fire Safety-Occupational-5Days Course	Embakasi
	20th-22nd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	21st-22nd	School Bus Driver Safety Programme (SSBDC 2)	Embakasi
	25th-29th	Emergency Vehicle Operations Course(EVOC5)	Embakasi
SEPT.	1st-5th	Executive Driving Course (EDC5)	Mombasa
	1st-3rd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	8th-10th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	8th-12th	Intensive Defensive Driving(IDDC5)	Embakasi
	10th-12th	Customer Care and Professional Etiquette(CCPE3)	Embakasi
	15th-17th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	22nd-24th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	22nd-26th	Logistics Transport Operations (LTO5)	Embakasi
	29 th -3rd Oct	Motor Transport Management (MTM5)	Embakasi
OCT.	1st-3rd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	1 st -3rd	Accident Crash Incident Investigation and Reporting (ACIR3)	Embakasi
	6th-8th	Intermediate Defensive(with basic mechanics)(IDDC2/3)	Embakasi
	13 th -17 th	Effective Fleet Management(EFM5)	Mombasa
	15th-17th	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi
	21st-23th	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi
	27th-31st	Fire Safety-Occupational-5Days Course	Embakasi
	29th-31st	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi
NOV.	3rd-5th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	3rd-7th	Intensive Defensive Driving (IDDC5)	Embakasi
	10th-11th	School Bus Driver Safety Programme (SSBDC 2)	Embakasi
	12th-14th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	17th-19th	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi
	17th-21st	Professional Driver Certification (PDC6)	Mombasa
	26th-28th	Customer Care and Professional Etiquette(CCPE3)	Embakasi
	26th-28th	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi
DEC.	1st-5th	Emergency Vehicle Operations Course (EVOC5)	Embakasi
	1st-5th	Motor Transport Management (MTM5)	Embakasi
	1st-3rd	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	8th-10th	Intermediate Defensive (with basic mechanics)(IDDC2/3)	Embakasi
	15th-19th	First Aid-Occupational-5DaysCourse	Embakasi
	17th-19th	Intermediate Defensive (with basic mechanics) (IDDC2/3)	Embakasi



2. MOMBASA TRAINING SCHEDULE- 2025

Month	Date	Course	Venue
JAN	8th-10th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	22nd-24th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
FEB	5th-7th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	26th-28th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
MAR	3rd-5th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	26th-28th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
APR	2nd-4th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	22nd-24th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
MAY	5th-7th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	28th-30th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
JUNE	3rd-5th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	25th-27th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
JULY	1st-3rd	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	23rd-25th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
AUGUST	4th-6th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	27th-29th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
SEPT.	1st-3rd	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	24th-26th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
OCT	1st-3rd	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	29th-31st	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
NOV.	3rd-5th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	26th-28th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
DEC	1st-3rd	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa
	17th-19th	Defensive Driving-IDDC2/3 & Heavy Goods Vehicle	Mombasa



a. VIRTUAL/ONLINE LEARNING PROGRAMS

AA Kenya offers sessions via online platforms once customer request on selected courses. Areas that need intensive practical demonstration will only be via **physical**, call us for a tailored program that suits your needs.

b. SCHOOL BUS SAFETY PROGRAM

School bus drivers and their helpers/wardens training happens on holidays or weekends. Schools can make bookings via the given contacts to prepare.

TERMS & CONDITIONS

I. Individual fees terms

- a. The training is done at AA Kenya venues; driver must have at least two (2) years driving experience.
- b. Fees; VAT is included in fees, stationery provided, meals:(10 O'clock, lunch and 4 O'clock teas with snacks).
- c. No accommodation in the package.

2. In-House training fees (training done at customer preferred venue)

- a. Fees charged at a rate of **Kes.80, 000.00+VAT** per group per day.
- b. Trainings classes consist a group of up to **25pax** as recommended by NITA. Any additional participant shall be charged at Kes. 1,000 per day.
- c. Trainings outside Nairobi and Mombasa will attract additional trainer logistics costs.
- d. In-house courses are structured in collaboration with the Client and where applicable customized to meet clients need. Client will provide Projector, Venue and Training Logistics.
- e. Trainings outside Kenya will be charged separately.
- f. Road Safety Team building activities can be facilitated as per clients need at a rate of **Kes.75,000.00+VAT** Per group per day to a maximum of 50 pax.



Enquiries and Bookings
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For enquiries and bookings contact:

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AA KENYA BANK DETAILS

ACCOUNT NAME: AA Kenya

BANK: Co-operative Bank of Kenya

BRANCH: BuruBuru Branch

BANK ACCOUNT NO: 01147993553300

BANK SORT CODE: 11000

BANK SWIFTCODE: KCOOKENA

CURRENCY: Kenya Shilling

NOTE: AA Courses are NITA and DOSHS accredited.

